



ABOUT US & OUR SERVICES

ANEW Health and Wellness
Clinic is a non-profit that offers
individual and group therapy.
We collaborate with individuals
to provide support and guidance
through their mental health
journeys.

ARE YOU OR SOMEONE YOU
KNOW IN NEED OF MENTAL
HEALTH SUPPORT?



SERVICES OFFERED

- Individual Therapy
- Group Therapy
- Couples & Family Counseling
- Diagnostic Assessments



SPECIALTY GROUPS

- DBT Skills Group
- Healthy Relationships Group
- Disordered Eating Group



CONTACT US

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